



Lincolnshire Runner Cross Country League 2014/15

www.lincolnshirerunner.com

Match 3

Riseholme College, Lincoln LN2 2LG, 16/11/2014

U11s are in school years 5 & 6.

U13s are in school years 7 & 8

Senior Women [Men] remain as Seniors for the rest of the League season if their 35th [40th] birthday occurs after match 1.

U20s & Vets are scored as Seniors if their date of birth has not been declared.

Club and Guest runners must be registered as 1st-claim with British Athletics and must run for that club, wearing its colours.

NB. These are provisional results pending receipt of missing DoBs / BA registration numbers

DoBs:	U11	U13	U15	U17	U20	SW	VW	SM	VM
From:	1-Sep-03	1-Sep-01	1-Sep-99	1-Sep-97	1-Sep-94	17-Nov-79	On/before	17-Nov-74	On/before
To:	31-Aug-05	31-Aug-03	31-Aug-01	31-Aug-99	31-Aug-97	31-Aug-94	16-Nov-79	31-Aug-94	16-Nov-74

241 Competitors	18 gr	Grantham AC	1 nk	Newark	5 wr	Witham R	
6 bd	Boston & D.	4 gy	Grimsby	2 nv	Nene Valley	6 wv	Wolds Vets
6 be	Bourne TH	30 ld	Lincoln & D	14 rc	RC Grantham	3 yz	Other Clubs
13 cl	Cleethorpes	28 lo	Louth	9 sc	Scunthorpe		
1 cr	Caistor RC	44 lw	Lincoln W	2 sk	Skegness		
30 gm	Gainsborough	5 ma	Mablethorpe	14 ss	Sleaford Str		

20-Nov-14

U11 Girls

1500 m

1 Ella Greenway	cl	1	5.38	15 Isabelle Dhami	lo	2	13.57	6 Rhiannon Troop	lw	3	15.49
2 Amelia Brooks	lw	1	6.04	16 Angela Halton	gr	3	14.01	7 Holly Youles	gr	1	16.12
4 Lucy Allen	gm	1	6.09	17 Olivia Hyslop	lw	5	14.15	8 Anya Darlow	lw	4	17.13
5 Lucy Raywood	bd	1	6.09	18 Robyn Greenway	cl	3	14.16	9 Natalie Stainton	lo	1	18.51
6 Freya Plaskitt	lo	1	6.18	19 Ella Thornton	lw	6	14.43	10 Emily Ashcroft	ss	1	20.28
7 Izzy Rossington	lw	3	6.34	20 Eleanor Leslie	lw	7	15.17				
8 Isobella Vintner	lw	4	6.38	21 Sacha Skinner	sc	2	15.27				
9 Christie Halton	gr	1	6.39	22 Beatrice Spendlove	lo	3	15.35				
10 Kate Smith	gm	2	6.40	23 Charlotte Bailey	ss	1	15.59				
11 Ella-Louise Asbrey	ss	1	6.48	24 Alicia Costa	ss	2	17.22				
12 Chloe Mulhall	ss	2	7.27								
13 Ella-Rose Hobday	gr	2	7.41								
14 Evie Hardbattle	ss	3	7.57								
15 Catherine Jackson	lw	5	8.37								

U13 Girls

2900 m

1 Madeleine Wood	lw	1	12.01								
2 Helen Braybrook	gr	1	12.02								
3 Hazel Williams	lw	2	12.28								
4 Grace Sullivan	gy	1	12.48								
5 Eleanor Brown	lw	3	12.58								
6 Ella Bennett	lw	4	12.58								
7 Elin James	be	1	13.08								
8 Hannah Reid	lo	1	13.12								
9 Millie Weaver	sc	1	13.13								
10 Devon Low	cl	1	13.24								
11 Isabel Hobday	gr	2	13.29								
12 Emily Barratt	gy	2	13.34								
13 Alanah Hobday	gm	1	13.48								
14 Francesca Yates	cl	2	13.53								

U15 Girls

3100 m

1 Lucy Thornton	lw	1	13.41								
2 Megan Bennett	lw	2	14.22								
3 Olivier Burton	sc	1	15.20								
5 Lauren Staves	gm	1	15.29								
6 Saskia Hunt	gr	1	15.58								
7 Shannon Conway	gm	2	16.13								
8 Molly Bennett	be	1	16.19								
9 Alice Hockham	ma	1	16.48								
10 Summer Benson	lw	4	17.03								
11 Molly Ward	cl	1	17.58								
12 Staley Shemwell	gm	3	23.53								
13 Chelsea Jackson	lw	5	25.18								
14 Charlotte Gregory	gm	4	27.22								

U17 Women

3600 m

1 Leah Epton	lw	1	14.52								
2 Libby Ball	lw	2	14.59								
3 Kate Brentnall	cl	1	15.04								
4 Abigail Scales	sc	1	15.14								
5 Nadina Skinner	sc	2	15.42								

U20/S/V Women

5200 m

1 Natalie Burns	1 S lw	1	23.15
2 Rachel Nathan	2 S lw	2	24.20
3 Fallon Lafferty	3 S bd	1	24.49
4 Anna O'Hare	4 S rc	1	25.23
5 Ellie Clarke	5 S lw	3	26.35
6 Janine Stones	1 V ma	1	26.50
7 Anna Mongan	2 V ld	1	27.19
8 Kerry Stainton	3 V lo	1	27.23
9 Tammy Rainbow	4 V ma	2	27.27
10 Catherine Payne	5 V rc	2	27.42
11 Sylvia Parkinson	6 S lw	4	27.48
12 Penny Hodges	6 V rc	3	28.03
13 Emma Marshall	7 V ld	2	28.11
14 Helen Pavey	8 V lw	5	28.13
15 Angela Overson	7 S gm	1	28.18
16 Lauren Roche	8 S lw	6	28.26
17 Emma Marshall-Telfer	9 V ss	1	28.29
18 Hannah Holmes	9 S gm	2	28.37
19 Debbie Simpson	10 V lo	2	28.54
20 Vicky Thomas	11 V wv	1	28.57
21 Tracey Gibson	12 V wv	2	29.09
22 Alison McCoy	13 V lo	3	29.25
23 Ruth Dunstan	14 V rc	4	29.34
24 Kathryn Lambert	15 V ld	3	30.17
25 Gemma Grove	16 V wr	1	30.25

These results are available on the Internet:

www.granthamac.com/xc

26 Lois Tack	17 V ld	4	30.42	14 Jay Taylor	gm	1	14.57	Justin Williams	20 V yz	48.09
27 Lisa Harkness	10 S lo	4	30.50	15 Cameron Ford	cl	2	15.21	28 Jon Drake	8 S gm	3 49.00
28 Fiona Lawrie	18 V lo	5	31.25	16 Nathan Woodhead	gm	2	15.33	29 Steve Swaby	9 S lw	4 49.32
29 Jane Benson	19 V gm	3	31.28	17 Lewis Bell	gm	3	15.59	30 Andy Bennett	21 V lw	5 50.37
30 Ros Treadwell	20 V ld	5	31.33	18 Ben Smith	gm	4	16.31	31 Mark Nott	22 V ld	8 50.55
31 Sarah High	21 V rc	5	31.53	19 Dylan Shemwell	gm	5	16.57	32 Simon Hall	23 V gm	4 51.06
32 Leanne Foster	11 S ld	6	32.03	20 Nathan Smith	cl	3	17.23	33 Sean Topham	24 V lo	4 51.25
33 Helen Parkes	22 V lo	6	32.12	21 Sasha Marshall-Telfer	ss	2	17.41	34 Steve Taylor	25 V ld	9 51.33
34 Vikki Hearn	12 S gm	4	32.31					35 Simon Bilton	26 V ld	10 51.37
35 Lucy Roberts	23 V rc	6	33.15					36 Paul Parkin	27 V nv	1 51.45
36 Penny Blackman	24 V ld	7	33.26					37 Marcus Capell	10 S wr	1 51.48
37 Rebecca Wright	13 S wr	2	34.28					38 Simon Young	28 V ld	11 51.56
38 Lisa Black	25 V ld	8	34.43					39 Nigel Booth	29 V ma	1 52.17
39 Dawn Bailey	26 V ss	2	34.44					40 Mark Wilson	30 V rc	3 52.29
40 Nikki Carr	27 V rc	7	35.17					41 Simon Machin	31 V lw	6 52.32
41 Ros Jackson	28 V lo	7	36.30					42 Mich Dean	32 V lo	5 52.38
42 Gwenda Williams	29 V rc	8	37.07					43 Dave Garraghty	33 V ld	12 52.41
43 Donna Cook	30 V gm	5	37.36					44 Simon Jackson	34 V ss	3 52.47
44 Sarah Washbourn	31 V ld	9	38.53					45 Nick Lyons	35 V ld	13 52.52
45 Carol Hall	32 V vv	3	39.09					46 Chris Wood	36 V ld	14 53.00
46 Hilary Depper	33 V sk	1	41.31					47 Martin Clarke	37 V vv	3 53.20
47 Helena Shelton	34 V sk	2	41.32					48 Pieter Severein	11 S wr	2 53.22

U11 Boys

1500 m

1 Lucas George-Jones	lo	1	5.05
2 Charlie Burrell	gy	1	5.07
3 Henry Cullen	gy	2	5.21
4 Ewan Rodell	gr	1	5.23
5 Matthew Spendlove	lo	2	5.32
6 Tom Miller	lo	3	5.47
7 Jasper Humphries	gm	1	5.50
8 Joshua Cutts	gm	2	5.54
9 Taran Dhami	lo	4	6.00
10 Thomas Cutts	gm	3	6.11
11 Harry Bishop	gm	4	6.15
13 Freddie Rhodes	lo	5	6.19
14 Hallam Bedford	bd	1	6.29
15 Richard Mongan	lw	2	6.31
16 Haddley Bedford	bd	2	6.53
17 Izaac Yates	cl	1	6.56
18 Roman Everist	be	1	7.05
19 William Parker	cl	2	7.12
20 Ben Bailey	ss	1	7.14
21 Jack Gregory	gm	5	9.24
22 Dylan Troop	lw	3	10.45

U13 Boys

2900 m

1 Luke Stonehewer	sc	1	10.27
2 Jevon George-Jones	lo	1	10.47
3 Jayden Daniels	cl	1	11.58
4 William Wright	nv	1	12.02
5 Rori Rodell	gr	1	12.13
6 Kieran Bryne	lo	2	12.17
7 Caleb Stephenson	lo	3	12.29
8 Archie Rainbow	ma	1	12.36
9 Andrew Mulhall	ss	1	12.56
10 Patrick Mongan	lw	1	12.59
11 Harvey Young	gr	2	13.02
12 Shane Canham	bd	1	13.29
13 Daniel Lawrence	be	1	14.05

U15 Boys

3600 m

1 Harrison Wood	lw	1	13.04
2 William Tucker	gr	1	13.27
3 Aaron Hunt	gr	2	14.00
4 George Hatton	gr	3	14.17
5 Josh Tarrant	lo	1	15.04
6 Jamie Cook	sc	1	15.42
7 Archie Hall	lw	2	16.08
8 Ryan Shemwell	gm	1	17.03
9 Ben Ambrose	gm	2	17.56
10 Ashley Gregory	gm	3	21.03

U17 Men

5200 m

1 Lewis Jagger	lw	1	20.14
2 Cameron Everist	be	1	22.07
3 Daniel Crow	lw	2	22.39
4 Ryan Mitchell	cl	1	23.25
5 Declan Bennett	lw	3	24.36
6 Shaquille Bramble	lw	4	24.55
7 Declan Godfrey	lo	1	25.09
8 John Nott	ld	1	30.44

U20/S/V Men

9600 m

1 Nick Martin	1 S cr	1	39.56
2 Gary Thomas	1 V vv	1	40.27
3 Will Strangeway	2 S lw	1	41.17
4 Rob Windard	3 S ld	1	41.20
5 Jerome McCulla	4 S gm	1	41.50
6 Andrew Richardson	2 V ss	1	42.01
7 Russ Cottam	3 V ld	2	42.28
8 Andy Powell	4 V ld	3	42.58
9 Martin Waite	5 V nk	1	43.34
Paul Nicholson	6 V yz	44.30	
10 Nick Marsh	7 V lo	1	44.42
11 Tom Humphries	8 V gm	2	44.46
12 Josh Lord	1 U gr	1	45.04
13 Chris Sutton	5 S ld	4	45.07
14 Tom Harper	2 U lw	2	45.49
15 Tom Roche	6 S lw	3	45.52
16 Jason Stainton	9 V lo	2	45.55
17 Ian Coney	10 V ld	5	45.59
18 Kevin Wallis	11 V lo	3	46.00
19 Nigel Plaskitt	12 V vv	2	46.03
20 Andrew Weaver	7 S sc	1	46.24
21 Mick Westerman	13 V ld	6	46.28
22 Sandy Telfer	14 V ss	2	46.39
23 Simon Blackman	15 V ld	7	46.44
24 Stephen Hobday	16 V gr	2	47.03
25 Dean Rigall	17 V rc	1	47.14
26 Michael Hemmings	18 V sc	2	47.54
27 Chris Armstrong	19 V rc	2	47.58

20 V yz	48.09
8 S gm	3 49.00
9 S lw	4 49.32
21 V lw	5 50.37
22 V ld	8 50.55
23 V gm	4 51.06
24 V lo	4 51.25
25 V ld	9 51.33
26 V ld	10 51.37
27 V nv	1 51.45
10 S wr	1 51.48
28 V ld	11 51.56
29 V ma	1 52.17
30 V rc	3 52.29
31 V lw	6 52.32
32 V lo	5 52.38
33 V ld	12 52.41
34 V ss	3 52.47
35 V ld	13 52.52
36 V ld	14 53.00
37 V vv	3 53.20
11 S wr	2 53.22
38 V ld	15 53.27
39 V ld	16 53.30
12 S wr	3 54.11
13 S ld	17 54.32
40 V ld	18 54.51
41 V yz	56.04
42 V ld	19 56.21
43 V lw	7 56.46
14 S bd	1 57.07
44 V rc	4 57.09
15 S rc	5 57.18
45 V gm	5 58.01
46 V gr	3 58.29
47 V gr	4 59.05
48 V lo	6 59.31
49 V ld	20 61.21
16 S rc	6 62.38
50 V gr	5 63.11
51 V cl	1 68.16
52 V be	1 69.22

Lincolnshire Runner Cross Country League 2014/15

<i>Cat</i>	<i>Club</i>	<i>-1-</i>	<i>-2-</i>	<i>-3-</i>	<i>-4-</i>	<i>Best 3</i>	<i>Cat</i>	<i>Club</i>	<i>-1-</i>	<i>-2-</i>	<i>-3-</i>	<i>-4-</i>	<i>Best 3</i>
U13G	1 Lincoln W	18	19	9		46	SenM	1 Lincoln W	6	22	32		60
	Grantham AC		9	29				2 Lincoln & D	50	26	19		95
	Louth		22	45				3 Louth	48	63	44		155
	Cleethorpes	33		42				4 Grantham AC	56	37	96		189
	Lincoln W 'B'	48		42				5 Sleaford Str	113	39	72		224
U15G	1 Gainsborough	18	25	24		67		6 Lincoln & D 'B'	108	71	51		230
	Lincoln W		14	7				7 Gainsborough	80	122	44		246
	Cleethorpes	24						8 RC Grantham	138	85	92		315
U17W	Lincoln W			9				9 Wolds Vets	148	138	68		354
SenW	1 RC Grantham	29	29	26		84		10 Louth 'B'	109	143	137		389
	2 Louth	37	33	49		119	Lincoln W 'B'	23		100			
	3 Lincoln & D	52	36	44		132	RC Grantham 'B'		116	179			
	Mablethorpe	21	14				Grantham AC 'B'	159	203				
	Lincoln W	43		8			Mablethorpe		96				
	Gainsborough	79		62			Boston & D.		102				
	Louth 'B'	60		88			Sleaford Str 'B'		117				
	Lincoln & D 'B'		61	88			Nene Valley	132					
	Wolds Vets	67		86			Witham R				136		
	Sleaford Str	72	87				Wolds Vets 'B'	209					
	RC Grantham 'B'		80	89									
	Lincoln W 'B'			41									
	Mablethorpe 'B'		87										
U13B	1 Louth	18	16	15		49							
	2 Cleethorpes	18	23	38		79							
	Gainsborough		45	47									
	Bourne TH	30											
U15B	1 Grantham AC	11	11	9		31							
	2 Gainsborough	44	32	27		103							
	Louth	34	27										
	Lincoln W	26											
U17M	1 Lincoln W	9	8	9		26							