Programme for Meeting 2 at Costello……..timing depends on entries

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Track** | | | **Field** | | | | |
| **Time** | **Distance** | **Age Group** | **Time** | **Team 1** | **Team 2** | **Team 3** | **Team 4** |
| **10:30** | 110m H | J/S Men | **10:30** | U9 G SLJ | U11 B LJ | U11 G Vortex | U9 B Vortex |
| **10:45** | 100m H | U17 Men |  |  |  |  |  |
| **11:00** | 100m H | J/S Women | **11:00** | U13 G LJ | U13 B LJ | U11 B Vortex | U9 G Vortex |
| **11:15** | 80m H | U15 B |  |  |  |  |  |
| **11:25** | 80m H | U17 W | **11:25** |  |  | U11 G LJ | U9 B SLJ |
| **11:45** | 75mH | U15 G |  |  |  |  |  |
|  |  |  | **11:55** | U15 B Shot |  |  |  |
| **12:00** | 100m | U17 J/S M&W U15 B&G | **12:00** |  |  |  | U17 M & W HJ |
| **12:15** | 100m | U13 B then G | **12:15** |  | U15 G Shot |  |  |
| **12:30** | 80m | U11 B then G |  |  |  | J/S M & W LJ |  |
|  |  |  | **12:40** | U13 G Shot |  |  |  |
| **12:50** | 70m | U9 B then G |  |  |  |  |  |
| **13:00** | 600m | U9 B & G | **12:45** |  | U13 B Shot |  |  |
| **13:10** | 600m | U11 B & G | **13:10** | U15 B LJ |  |  |  |
| **13:20** | 200m | U17/J/S M & W | **13:20** |  | U15 G HJ | U17 J/SW Javelin | U17 J/S Men Discus |
| **Track Break** | | |  |  |  |  |  |
| **14:00** | 800m | U13 B & G |  |  |  |  |  |
| **14:05** | 150m | U9 B & G | **14:05** | U15 B HJ |  |  | U17 J/SW Shot |
| **14:10** | 150m | U11B & G | **14:10** |  |  | U17 J/S M Javelin |  |
| **14:15** | **10,000m** | **County Championships**  **J/S M & W** | **14:30** |  | U15 G LJ |  |  |
|  |  |  |  |  |
| **15:00** | 3/400H | Appropriate age groups |  |  |  | |  |
| **15:15** | 800m | U17 J/S W |  |  |  |  |  |
| **15:20** | 800m | U15 B |  |  |  |  |  |
| **15:25** | 800m | U15 G |  |  |  |  |  |
| **15:30** | 1500m | U17 J/S Men |  |  |  |  |  |